

**Baldwin Invitational Cross Country Meet (September 17, 2022)**  
**at Baldwin City Golf Course**  
**Lawrence High School Results**

Varsity Boys Results (100 Runners) at 10:00 am | 76°

| 5 Km                     | Mile 1  | 2nd     | Mile 2  | 1.1 mi  | Finish                       | Average |           | PR      | SB      |                         | 2021    | 2020 | 2019    |    |
|--------------------------|---------|---------|---------|---------|------------------------------|---------|-----------|---------|---------|-------------------------|---------|------|---------|----|
| Name                     | Time    | Split   | Time    | Split   | Time                         | Time/mi | Place     | Time    | Time    | PR/SB                   | Time    | Time | Time    |    |
| Xavier Klish             | 05:16.5 | 05:51.2 | 11:07.7 | 06:27.5 | <b>17:35.2</b>               | 05:39.6 | <b>32</b> | 17:02.7 | 17:02.7 |                         | 17:58.9 |      |         | ** |
| Edward Roman Nose        | 05:21.5 | 05:47.6 | 11:09.1 | 06:27.5 | <b>17:36.6</b>               | 05:40.1 | <b>33</b> | 17:40.7 | 17:40.7 | <b>PR/SB</b>            |         |      |         |    |
| Francis Alexander        | 05:50.1 | 06:34.3 | 12:24.4 | 07:26.9 | <b>19:51.3</b>               | 06:23.4 | <b>88</b> | 18:42.0 | 18:42.0 |                         | 21:04.4 |      |         | ** |
| Jonathan Spoula          | 05:55.4 | 06:46.4 | 12:41.8 | 07:20.8 | <b>20:02.6</b>               | 06:27.1 | <b>89</b> | 19:14.5 | 19:14.5 |                         | 20:33.1 | DNF  | 23:15.4 | ** |
| Conner Popp              | 06:00.4 | 06:54.9 | 12:55.3 | 07:36.7 | <b>20:32.0</b>               | 06:36.5 | <b>96</b> | 19:49.7 | 19:49.7 |                         |         |      |         |    |
| Leigham Alexander        | 06:03.1 | 06:53.9 | 12:57.0 | 07:46.6 | <b>20:43.6</b>               | 06:40.3 | <b>97</b> | 19:06.4 | 19:06.4 |                         | 21:01.3 |      |         | ** |
| 1 - Personal Record Time |         |         |         |         | ** = improved over 2021 time |         |           |         |         |                         |         |      |         |    |
| 0 - Season Best Time     |         |         |         |         |                              |         |           |         |         |                         |         |      |         |    |
|                          |         |         |         |         | 19:23.5 = 1 - 5 team average |         |           |         |         | 18:02.9 19:15.5 18:13.2 |         |      |         |    |
|                          |         |         |         |         | 02:56.8 = 1 - 5 separation   |         |           |         |         | 02:13.3 01:12.2 02:11.8 |         |      |         |    |

10th place with 274 points ('21 = 8th place with 211 points, '20 = 9th place with 221 points, '19 = 10th place with 229 points, '18 = 10th place with 270 points, '17 = 6th place with 132 points, '16 = 5th place with 140 points, '15 = 7th place with 195 points, & '14 = 8th place with 211 points)

**Varsity Boys**

| Score | Team              | Points     |
|-------|-------------------|------------|
| 1     | Free State        | 70         |
| 2     | Olathe East       | 86         |
| 3     | SM East           | 86         |
| 4     | Olathe West       | 103        |
| 5     | St. James Academy | 109        |
| 6     | Washburn Rural    | 128        |
| 7     | Mill Valley       | 162        |
| 8     | Emporia           | 246        |
| 9     | SM West           | 247        |
| 10    | <b>Lawrence</b>   | <b>274</b> |
| 11    | Baldwin           | 280        |
| 12    | Topeka High       | 337        |
| xx    | Topeka West       | Inc.       |
| xx    | Shawnee Heights   | Inc.       |
| xx    | Seaman            | Inc.       |

**Junior Varsity Boys**

| Score | Team               | Points     |
|-------|--------------------|------------|
| 1     | Free State         | 22         |
| 2     | Olathe West        | 39         |
| 3     | Olathe East        | 111        |
| 4     | Washburn Rural     | 113        |
| 5     | Mill Valley        | 130        |
| 6     | St. James Academy  | 161        |
| 7     | Topeka West        | 237        |
| 8     | SM East            | 246        |
| 9     | Emporia            | 274        |
| 10    | Shawnee Heights    | 277        |
| 11    | <b>Lawrence</b>    | <b>334</b> |
| 12    | Seaman             | 348        |
| 13    | St. Thomas Aquinas | 355        |
| 14    | SM West            | 358        |
| xx    | Blue Valley North  | Inc.       |

**C Team Boys**

| Score | Team               | Points     |
|-------|--------------------|------------|
| 1     | Free State         | 17         |
| 2     | Mill Valley        | 99         |
| 3     | Washburn Rural     | 134        |
| 4     | St. James Academy  | 142        |
| 5     | St. Thomas Aquinas | 143        |
| 6     | Seaman             | 147        |
| 7     | SM East            | 154        |
| 8     | <b>Lawrence</b>    | <b>155</b> |
| 9     | Olathe East        | 209        |
| 10    | SM West            | 276        |
| 11    | Blue Valley North  | 298        |
| xx    | Baldwin            | Inc.       |
| xx    | Topeka High        | Inc.       |
| xx    | Highland Park      | Inc.       |

**Baldwin Invitational Cross Country Meet (September 17, 2022)**  
**at Baldwin City Golf Course**  
**Lawrence High School Results**

**Junior Varsity Boys Results (143 Runners) at 11:00 am | 78°**

| 5 Km            | Mile 1  | 2nd     | Mile 2  | 1.1 mi  | Finish         | Average |       | PR      | SB      |       | 2021    | 2020    | 2019    |    |
|-----------------|---------|---------|---------|---------|----------------|---------|-------|---------|---------|-------|---------|---------|---------|----|
| Name            | Time    | Split   | Time    | Split   | Time           | Time/mi | Place | Time    | Time    | PR/SB | Time    | Time    | Time    |    |
| Isaac Outka     | 06:16.1 | 07:04.8 | 13:20.9 | 07:17.4 | <b>20:38.3</b> | 06:38.6 | 52    | 19:48.6 | 20:19.4 |       | 20:40.6 |         |         | ** |
| Winton Anderson | 06:07.7 | 06:55.3 | 13:03.0 | 07:57.1 | <b>21:00.1</b> | 06:45.6 | 65    | 19:53.5 | 20:49.7 |       | 21:53.5 | 22:07.9 |         | ** |
| Hayden Thornton | 06:26.4 | 06:58.4 | 13:24.8 | 07:57.7 | <b>21:22.5</b> | 06:52.8 | 78    | 21:26.6 | 21:26.6 | PR/SB | 24:15.9 |         |         | ** |
| Jake Oldfather  | 06:30.5 | 07:19.4 | 13:49.9 | 08:13.4 | <b>22:03.3</b> | 07:05.9 | 103   | 20:53.5 | 20:53.5 |       |         |         |         |    |
| Ian Perkins     | 06:45.4 | 07:24.8 | 14:10.2 | 08:09.3 | <b>22:19.5</b> | 07:11.1 | 109   | 21:46.3 | 21:46.3 |       | 23:59.4 | 25:51.5 | 31:01.4 | ** |
| Luke Velte      | 06:40.1 | 07:30.8 | 14:10.9 | 08:26.8 | <b>22:37.7</b> | 07:17.0 | 117   | 21:15.9 | 22:23.0 |       |         |         |         |    |

1 - Personal Record Time      \*\* = improved over 2021 time

0 - Season Best Time

11th place with 334 points ('21 = 6th place with 172 points, '20 = 9th place with 247 points, '19 = 9th place with 237 points, '18 = 10th place with 230 points, '17 = 6th place with 154 points, '16 = 6th place with 149 points, '15 = 8th place with 175 points, & '14 = 9th place with 281 points)

**C Team Boys Results (140 Runners) at 9:00 am | 75°**

| 5 Km            | Mile 1  | 2nd     | Mile 2  | 1.1 mi  | Finish         | Average |       | PR       | SB       |       | 2021    | 2020    | 2019    |    |
|-----------------|---------|---------|---------|---------|----------------|---------|-------|----------|----------|-------|---------|---------|---------|----|
| Name            | Time    | Split   | Time    | Split   | Time           | Time/mi | Place | Time     | Time     | PR/SB | Time    | Time    | Time    |    |
| Danny Phalen    | 06:00.9 | 06:52.7 | 12:53.6 | 07:41.5 | <b>20:35.1</b> | 06:37.5 | 15    | 19:16.4  | xxxxxxxx | SB    | 20:50.4 | 20:57.9 |         | ** |
| Freya Girard    | 06:17.6 | 07:37.1 | 13:54.7 | 08:02.5 | <b>21:57.2</b> | 07:04.0 | 35    | 22:24.5  | xxxxxxxx | PR/SB |         |         |         |    |
| Owen Ackley     | 07:02.6 | 07:15.4 | 14:18.0 | 08:15.7 | <b>22:33.7</b> | 07:15.7 | 49    | xxxxxxxx | xxxxxxxx | PR/SB |         |         |         |    |
| Paul Radley     | 06:41.4 | 08:14.5 | 14:55.9 | 08:49.6 | <b>23:45.5</b> | 07:38.8 | 67    | xxxxxxxx | xxxxxxxx | PR/SB |         |         |         |    |
| Maddock Oberzan | 06:31.6 | 08:21.5 | 14:53.1 | 08:55.2 | <b>23:48.3</b> | 07:39.7 | 69    | 21:46.5  | xxxxxxxx | SB    | 23:39.7 | 23:35.8 | 23:33.4 |    |
| Ky Smith        | 07:54.8 | 09:55.4 | 17:50.2 | 10:00.5 | <b>27:50.7</b> | 08:57.7 | 123   | xxxxxxxx | xxxxxxxx | PR/SB |         |         |         |    |

4 - Personal Record Time      \*\* = improved over 2021 time

2 - Season Best Time

8th place with 155 points ('21 = 9th place with 253 points, '20 = No Team, '19 = 11th place with 297 points, '18 = 8th place with 219 points, '17 = 7th place with 185 points, '16 = 5th place with 147 points, '15 = 7th place with 233 points, & '14 = 9th place with 289 points)