

**6A Regional Championships (October 24th, 2009)**  
**at Haskell Indian Nations University**  
**Lawrence High School Results**

**Varsity Boys Results (53 Runners) at 2:30 PM**

5 Km	Mile 1	2nd	Mile 2	1.1 mi	Finish	Average		PR	SB		2008	2007	2006
Name	Time	Split	Time	Split	Time	Time/mi	Place	Time	Time	PR/SB	Time	Time	Time
Roy Wedge	04:46.0	05:13.1	09:59.1	05:42.7	<b>15:41.8</b>	05:03.1	<b>1</b>	15:41.1	15:41.1		17:04.2	16:46.0	17:22.7
Joseph Springer	04:48.0	05:29.1	10:17.1	05:56.1	<b>16:13.2</b>	05:13.2	<b>4</b>	16:28.5	16:28.5	<b>PR/SB</b>	18:09.0		
Calvin Morgan	05:01.0	05:30.6	10:31.6	06:02.1	<b>16:33.7</b>	05:19.8	<b>5</b>	16:24.0	16:24.0		18:22.6	18:38.2	
Nicolas Shump	05:00.0	05:38.9	10:38.9	06:19.6	<b>16:58.5</b>	05:27.8	<b>11</b>	16:40.0	16:40.0		DNF		
Zach Andregg	05:04.0	05:46.6	10:50.6	06:33.9	<b>17:24.5</b>	05:36.2	<b>16</b>	17:10.9	17:10.9		18:03.9		
Nathan Stringer	05:15.0	06:05.1	11:20.1	06:13.9	<b>17:34.0</b>	05:39.3	<b>19</b>	17:19.4	17:19.4				
Simon Fangman	05:15.0	05:56.8	11:11.8	06:32.9	<b>17:44.7</b>	05:42.7	<b>22</b>	16:55.9	17:13.0		18:19.9		
Reid Hildenbrand	Alt.							17:37.8	17:37.8				
Kyler Thomann	Alt.							17:33.0	17:33.0				
Jonathan Gabler	Alt.							17:20.0	17:20.0		BAND	18:25.6	

**1 - Personal Record Time**

**0 - Season Best Time**

1st place with 37 points ('08 = 2nd place with 56 points, '07 = 3rd place with 104 points, & '06 = 3rd place with 78 points)

Place	Team	Score
<b>1</b>	<b>Lawrence High</b>	<b>37</b>
<b>2</b>	Shawnee Mission Northwest	56
<b>3</b>	Free State	72
<b>4</b>	Olathe East	82
<b>5</b>	Olathe North	107
<b>6</b>	Leavenworth	174
<b>7</b>	Olathe South	180
<b>8</b>	Olathe Northwest	238

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**Varsity Girls Results (53 Runners) at 2:00 PM**

4 Km	Mile 1	2nd	Mile 2	.5 mi	Finish	Average		PR	SB		2008	2007	2006
Name	Time	Split	Time	Split	Time	Time/mi	Place	Time	Time	PR/SB	Time	Time	Time
Shelby Clark	05:56.4	06:50.1	12:46.5	03:07.9	<b>15:54.4</b>	06:24.0	<b>4</b>	16:01.0	16:01.0	<b>PR/SB</b>	18:23.6		
Lucy Daldorph	05:57.9	06:56.4	12:54.3	03:27.7	<b>16:22.0</b>	06:35.1	<b>11</b>	15:58.0	15:58.0		17:58.9		
Michala Ruder	06:09.3	07:11.5	13:20.8	03:30.2	<b>16:51.0</b>	06:46.7	<b>19</b>	16:00.0	16:00.0		17:44.3		
Adree Shield	06:08.6	07:24.6	13:33.2	03:32.4	<b>17:05.6</b>	06:52.7	<b>25</b>	16:01.0	16:01.0				
Alexis Scheibler	06:34.6	08:07.6	14:42.2	03:39.5	<b>18:21.7</b>	07:23.3	<b>38</b>	18:44.5	18:44.5	<b>PR/SB</b>	Alt.		
Ava Regan	06:47.1	08:12.4	14:59.5	03:45.0	<b>18:44.5</b>	07:32.4	<b>40</b>	19:17.0	19:17.0	<b>PR/SB</b>			
Emily Davidson	06:32.2	08:36.8	15:09.0	03:49.9	<b>18:58.9</b>	07:38.2	<b>46</b>	16:53.0	16:53.0				
Jordan Herd	Alt.							17:30.0	17:30.0		Alt.	18:14.3	
Regan Keller	Alt.							17:20.7	18:25.0				
Chloe Hay	Alt.							18:09.0	18:14.0		20:01.7		

**3 - Personal Record Time**

**0 - Season Best Time**

4th place with 95 points ('08 = 7th place with 176 points, '07 = 5th place with 118 points, & '06 = 2nd place with 72 points)

Place	Team	Score
<b>1</b>	Olathe East	43
<b>2</b>	Shawnee Mission Northwest	55
<b>3</b>	Olathe South	89
<b>4</b>	<b>Lawrence High</b>	<b>95</b>
<b>5</b>	Free State	100
<b>6</b>	Olathe North	161
<b>7</b>	Leavenworth	168
	Olathe Northwest	inc.