| 5 Km | Mile 1 | 2nd | Mile 2 | 1.1 mi | Finish | Average |  | PR | SB |  | 2019 | 2018 | 2017 |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Name | Time | Split | Time | Split | Time | Time/mi | Place | Time | Time | PR/SB | Time | Time | Time |  |
| Lucy Hardy | 06:09.6 | 06:56.9 | 13:06.5 | 07:42.7 | 20:49.2 | 06:42.1 | 20 | 20:23.6 | 22:05.2 | SB | 20:45.5 |  |  |  |
| Natalie Kennedy | 06:34.2 | 07:08.1 | 13:42.3 | 07:44.0 | 21:26.3 | 06:54.0 | 34 | 22:47.2 | 22:50.9 | PR/SB | 23:24.9 |  |  | ** |
| Grace Harader-Ellet | 06:28.7 | 07:13.2 | 13:41.9 | 07:53.9 | 21:35.8 | 06:57.1 | 36 | 22:13.4 | 22:13.4 | PR/SB | 22:55.4 | 27:17.0 |  | ** |
| Madison DeWitt | 06:33.8 | 07:23.2 | 13:57.0 | 08:14.0 | 22:11.0 | 07:08.4 | 48 | 21:29.3 | 22:50.2 | SB | 21:42.9 | 23:26.5 |  |  |
| Eva Ackley | 07:15.5 | 07:47.2 | 15:02.7 | 08:17.5 | 23:20.2 | 07:30.7 | 62 | 22:32.1 | 23:21.0 | SB | 22:32.1 | 26:01.2 |  |  |
| Cyrenity Hardy-Billy | 06:44.7 | 08:00.0 | 14:44.7 | 08:57.2 | 23:41.9 | 07:37.7 | 65 | 24:37.4 | 24:37.4 | PR/SB |  |  |  |  |
| Jayden Wilson | 06:56.5 | 08:05.8 | 15:02.3 | 08:49.0 | 23:51.3 | 07:40.7 | 70 | 22:47.1 | 25:28.0 | SB | 23:03.9 | 24:41.8 | 25:00.2 |  |
| London Scholz | 06:53.1 | 08:03.9 | 14:57.0 | 09:24.8 | 24:21.8 | 07:50.5 | 72 | 24:04.8 | 26:11.7 | SB | 24:48.6 |  |  | ** |
| 3 - Personal Record Time $\quad{ }^{* *}=$ improved over 2019 time <br> 8 - Season Best Time | ** = improved over 2019 time |  |  |  | 21:52.5 = 1-5 team average |  |  |  |  |  | 21:27.0 | 22:54.8 | 23:18.8 |  |
|  |  |  |  |  | 02:31.0 = $1-5$ separation |  |  |  |  |  | 01:47.9 | 01:36.1 | 03:07.9 |  |

8th place with 182 points (' $19=7$ th place with 155 points, ' $18=9$ th place with 207 points, ' $17=8$ th place with 161 points, ' $16=7$ th place with 185 points, ' $15=7$ th place with 192 points, \& '14 = 8th place with 240 points)

Junior Varsity Girls Results (67 Runners) at 11:00 am | $65^{\circ}$

| 5 Km | Mile 1 | 2nd | Mile 2 | 1.1 mi | Finish | Average |  | PR | SB |  | 2019 | 2018 | 2017 |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Name | Time | Split | Time | Split | Time | Time/mi | Place | Time | Time | PR/SB | Time | Time | Time |  |
| Cadence Johnson | 07:12.3 | 08:00.4 | 15:12.7 | 08:51.1 | 24:03.8 | 07:44.7 | 21 | 28:26.7 | 28:26.7 | PR/SB |  |  |  |  |
| Ashlei Stafford | 08:00.5 | 09:25.4 | 17:25.9 | 10:35.7 | 28:01.6 | 09:01.3 | 50 | 30:02.2 | 30:02.2 | PR/SB |  |  |  |  |

2 - Personal Record Time
** = improved over 2019 time
2 - Season Best Time
No place with No points (' $19=8$ th place with 202 points, ' $18=7$ th place with 183 points, $' 17=5$ th place with 125 points, ' $16=4$ th place with 133 points, $' 15=6$ th place with 158 points,
\& ' $14=8$ th place with 222 points)
Varsity Girls

| Score | Team | Points |
| :---: | :--- | :---: |
| $\mathbf{1}$ | Mill Valley | 35 |
| $\mathbf{2}$ | Baldwin | 63 |
| $\mathbf{3}$ | Washburn Rural | 71 |
| $\mathbf{4}$ | St. Thomas Aquinas | 100 |
| $\mathbf{5}$ | Topeka - Seaman | 127 |


| $\mathbf{6}$ | Free State | 146 |
| :---: | :--- | :---: |
| $\mathbf{7}$ | Blue Valley North | 179 |
| $\mathbf{8}$ | Lawrence | $\mathbf{1 8 2}$ |
| $\mathbf{9}$ | Topeka High | 283 |

