

Sunflower League Cross Country Championships (October 17th, 2020)
at Olathe District Activity Center
Lawrence High School Results

Varsity Boys Results (93 Runners) at 8:30 pm | 54° @night

5 Km	Mile 1	2nd	Mile 2	1.1 mi	Finish	Average		PR	SB		2019	2018	2017	
Name	Time	Split	Time	Split	Time	Time/mi	Place	Time	Time	PR/SB	Time	Time	Time	
Jack Ryan	05:03.8	05:29.9	10:33.7	05:54.0	16:27.7	05:17.9	27	16:42.5	17:11.3	PR/SB	17:26.6	17:19.4		**
Jack Pfeifer	05:27.9	06:15.7	11:43.6	06:42.3	18:25.9	05:56.0	87	18:14.8	18:14.8		19:12.2			**
Keat Prescott	05:34.6	06:14.3	11:48.9	06:50.6	18:39.5	06:00.3	91	19:20.4	19:31.6	PR/SB	19:40.0	21:13.9		**
Jesse Self	05:28.3	06:21.8	11:50.1	07:11.4	19:01.5	06:07.4	92	20:17.5	20:17.5	PR/SB				
Will Leuschen					DNR			19:25.6	19:25.6		20:51.4			
3 - Personal Record Time		* = senior				N/A = 1 - 5 team average					18:14.3	18:13.7	18:33.1	
3 - Season Best Time		** = improved over 2019 time				N/A = 1 - 5 separation					02:32.8	01:45.2	01:37.6	

No place with No points ('19 = 12th place with 274 points, '18 = 11th place with 281 points, '17 = 12th place with 302 points, '16 = 11th place with 275 points, '15 = 12th place with 313 points, '14 = 11th place with 254 points, '13 = 9th place with 236 points, '12 = 10th place with 253 points, '11 = 3rd place with 88 points, '10 = 3rd place with 98 points, '09 = 1st place with 50 points, '08 = 2nd place with 56 points, '07 = 5th place with 146 points, & '06 = 4th place with 112 points)

Junior Varsity Boys Results (92 Runners) at 7:30 pm | 58° @night

5 Km	Mile 1	2nd	Mile 2	1.1 mi	Finish	Average		PR	SB		2019	2018	2017	
Name	Time	Split	Time	Split	Time	Time/mi	Place	Time	Time	PR/SB	Time	Time	Time	
Diego Klish	05:34.3	06:06.2	11:40.5	06:19.9	18:00.4	05:47.7	24	18:34.1	18:34.1	PR/SB				
Danny Phalen	05:45.9	06:31.7	12:17.6	06:58.8	19:16.4	06:12.2	69	20:32.1	20:32.1	PR/SB				
Winton Anderson	06:01.4	06:50.5	12:51.9	07:28.0	20:19.9	06:32.6	85	20:43.8	20:43.8	PR/SB				
Marcos Lepage	06:16.2	07:05.5	13:21.7	07:44.0	21:05.7	06:47.4	90	21:27.7	21:30.8	PR/SB	22:18.3	21:59.1		**
Simeon Moulton	06:31.9	07:26.8	13:58.7	07:55.4	21:54.1	07:03.0	91	22:38.1	22:38.1	PR/SB				
Griffin Northrop	06:36.5	07:27.1	14:03.6	08:22.1	22:25.7	07:13.1	92	20:37.0	21:31.9		20:37.0			

5 - Personal Record Time * = senior

5 - Season Best Time ** = improved over 2019 time

14th place with 357 points ('19 = 12 place with 307 points, '18 = 13th place with 300 points, '17 = 12th place with 348 points, '16 = 6th place with 201 points, '15 = 8th place with 189 points, '14 = 10th place with 289 points, '13 = 11th place with 302 points, '12 = 9th place with 272 points, '11 = 8th place with 229 points, '10 = 7th place with 180 points, '09 = 3rd place with 58 points, '08 = 3rd place with 70 points, '07 = 5th place with 111 points, & '06 = 4th place with 105 points)

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C Team Boys Results (176 Runners) at 10:00 am | 59°

5 Km	Mile 1	2nd	Mile 2	1.1 mi	Finish	Average		PR	SB		2019	2018	2017
Name	Time	Split	Time	Split	Time	Time/mi	Place	Time	Time	PR/SB	Time	Time	Time
Cian Kasten	06:26.2	07:10.9	13:37.1	07:32.5	21:09.6	06:48.6	75	21:09.0	21:09.0				
Lucas Holmberg	07:02.8	07:24.0	14:26.8	07:28.4	21:55.2	07:03.3	100	18:11.4	21:49.1		19:32.0		
Trevor Johnson	06:49.3	07:36.3	14:25.6	08:06.6	22:32.2	07:15.2	122	20:43.6	22:15.1		20:14.0	21:06.5	
Maddock Oberzan	07:05.6	07:39.4	14:45.0	08:12.6	22:57.6	07:23.4	130	22:28.8	22:28.8		22:50.2		
* Abdullah Ahmed	07:22.5	08:04.3	15:26.8	08:19.7	23:46.5	07:39.1	147	22:55.5	23:15.7		22:55.5	24:26.0	
Ian Perkins	07:24.8	08:02.9	15:27.7	08:28.7	23:56.4	07:42.3	152	23:49.1	23:49.1		24:21.0		**
George Fletcher	07:37.6	08:33.9	16:11.5	08:58.3	25:09.8	08:06.0	167	22:48.5	22:48.5				
Jonathan Spoula					DNR			22:40.0	23:21.0		22:40.0		

0 - Personal Record Time

* = senior

0 - Season Best Time

** = improved over 2019 time

13th place with 382 points ('19 = 9th place with 262 points, '18 = 7th place with 220 points, '17 = 11th place with 321 points, '16 = 8th place with 254 points, '15 = 10th place with 305 points, '14 = 8th place with 282 points, '13 = No Score with No Points, '12 = 8th place with 270 points, '11 = 10th place with 279 points, '10 = 8th place with 271 points, '09 = No Score with No Points, '08 = 6th place with 166 points, '07 = 6th place with 170 points, & '06 = 7th place with 185 points)

Varsity Boys

Score	Team	Points
1	Free State	37
2	Mill Valley	94
3	Gardner-Edgerton	115
4	Olathe South	124
5	Olathe North	159
6	Olathe East	164
7	SM East	190
8	SM South	211
9	SM North	222
10	SM Northwest	233
11	Olathe Northwest	269
12	SM West	281
13	Olathe West	289
xx	Lawrence	(inc.)

Regional Team

Junior Varsity Boys

Score	Team	Points
1	Olathe East	39
2	Olathe South	46
3	Mill Valley	85
4	SM South	118
5	Free State	124
6	SM East	205
7	Olathe West	206
8	Olathe North	232
9	SM West	239
10	Gardner-Edgerton	249
11	SM North	268
12	Olathe Northwest	353
13	SM Northwest	353
14	Lawrence	357

C Team Boys

Score	Team	Points
1	Olathe East	31
2	Olathe West	61
3	Free State	91
4	Mill Valley	95
5	Olathe South	184
6	Gardner-Edgerton	192
7	SM South	196
8	SM West	218
9	SM East	224
10	Olathe North	276
11	SM Northwest	281
12	SM North	336
13	Lawrence	382
xx	Olathe Northwest	(inc.)